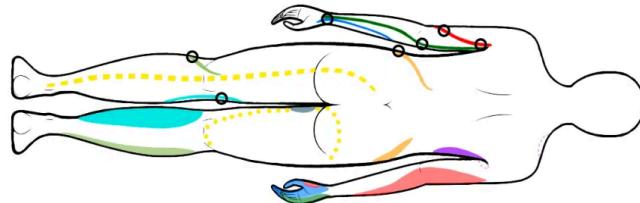
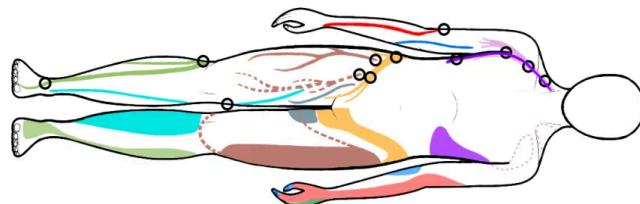


No Rope Zone and Injury Map

NOTE: colored zones are where nerves can cause compression damage.
Mark to indicate current or serious past injuries that the rigger should be aware of.



O = Exposed major nerves that are dangerous and need to be avoided.

Triggers: Do you have any triggers? YES/NO

What I may have to do if I accidentally hit a trigger:

- Give me space.
- Reassure me.
- Bring my mind to the present.
- I don't know what works.
- Other:



MEDIA POLICY

1. Will photos or videos be permitted?
 - a. Which Device? _____
 - b. Face shots? YES / NO
 - c. Explicit shots? YES / NO
 - d. Can they be shared? YES / NO
 - e. If YES to sharing: where, how and will the media be appropriately credited? _____

911 or Emergency Contact:

Name: _____ # _____

(Page 1: Fold in half so that sensitive information is protected)

Interviewer:

Interviewee:

DATE:

Shibari Why/How to Negotiate

Seek first to understand and then be understood. Ask questions and genuinely listen to answers to understand their authentic motivations and boundaries.

You cannot consent if you do not understand or know about it.

* **NO MID-SCENE negotiations.**

* **You cannot consent in an altered state, drunk or high.**

LEVELS OF CONSENT



Can do without asking.

YES: Can do, we talked.

maybe: let's talk more.

NO: NO! Hard Limit

Feel free to add additional levels of intensity. i.e., Low, gentle, hard.

If not a HELL YEAH before starting then the rigger shouldn't do it!

(You can ask to STOP, ADJUST or even REVOKE at any point)

Scene Safety:

- Shears or Cutter (Not a Knife), Check to make sure rigger has it accessible
- First Aid Kit (At dojo by the bar)
- Spotter: If this is your 1st time tying with this person, get a spotter
- JEWELRY: Please remove jewelry (place in a secure location) so nothing can get caught on the ropes.
- Insulin pump or other medical device to be aware of? _____
- NOTE:** Do not tie under the influence. **Rope is a risky activity.**

Safe Words (During Scene)

- **GREEN:** Everything is fine, and I am in a good place.
- **YELLOW:** I am in pain/uncomfortable and need to adjust or have a conversation. DO NOT continue until we resolve this issue.
- **RED: STOP!!!** I need OUT of the scene. I may need help or attention. **DO NOT CONTINUE!**

