

SHIBARI SCENE & STORY BUILDING CHECKLIST

NOT A CONTRACT



- Allow for structure *and* flexibility with your play.
- Use the prompts to guide you through imagining an experience. Don't put limits on yourself first time through. Imagine this as a scene in your kinky dreams.
- Keep in mind: Partner, Intent, Imagination

NEGOTIATION & SCENE PLANNING

ITEM	1ST PASS: IMAGINATION: No limits Don't overthink. Don't judge yourself. NO RIGHT or WRONG answer	2nd pass through. YES. NO / Hard Limit. Maybe / Soft Limit / Unsure	Hard to tell partner about Y/N	WHY?
Roles (Dom/sub, rigger/bunny, etc.)	YOU: PARTNER:			
Power exchange (Total, limited, roleplay only)				
If I didn't get injured what.....				
Hard limit: but I am curious				
Soft Limit: curious, eh on excitement level, but would do for a partner				
Intensity Desired (scale 1–10) Describe your 1 vs 10. Come up with level setting				
Safe Word: Verbal and non-verbal				
Contract time: scene-only, ongoing dynamic, etc.				
After Care	Physical: Debrief later?	Emotional:		

STRUCTURE OF THE SCENE				
ITEM	1ST PASS IMAGINATION: No limits Don't overthink. Don't judge yourself.	2nd pass through. YES. NO / Hard Limit. Maybe / Soft Limit / Unsure	Hard to tell partner about Y/N	WHY?
LOCATION: Bedroom, Hotel room, Car/Truck, Dungeon, Alley / Risky public				
Privacy: Feeling of high risk, getting caught? Private, semi-public, witnessed?				
Temperature: Winter, cold, hot, warm, wind				
Lighting: Bright, club like, grungy, dark				

PRE-SCENE PREP			
ITEM	1ST PASS IMAGINATION: No limits Don't overthink. Don't judge yourself.	2nd pass through. YES. NO / Hard Limit. Maybe / Soft Limit / Unsure	Hard to tell partner about Y/N
Mood Setting What enhances and what detracts? Why?	Music: Scent (candles, perfume, etc.): Lighting: Rituals (e.g., kneeling, words, service): Titles used (Sir, Daddy, Mistress, etc.):		
Personal Hygiene	Hot and sweaty, freshly showed, hairy, hair up/down, beard, etc		
DRESS / Outfits Dressy, formal, uniform, leather, lingerie, naked, character	Dom: _____ Sub: _____ Can it be destroyed? Y/N		

SCENE ELEMENTS: Which enhances and detracts?

SENSORY ELEMENTS	1ST PASS IMAGINATION: No limits Don't overthink. Don't judge yourself.	2nd pass through. YES. NO / Hard Limit. Maybe / Soft Limit / Unsure	Hard to tell partner about Y/N	WHY?
• Touch	silky rope, rough jute, bruising, gentle			
• Sight	Blindfold? Low lighting? Candles? Mirrors?			
• Sound	Music, ambient noise, background moans?			
• Scent	Incense, sweat, perfume, wax, etc			
• Taste	Optional—biting, kissing, food			
WORDS	Words to use / avoid? Ex. Slut, Whore, Moist, sticky, cunt, daddy's, mommy's			
PLAY ELEMENTS	Separate handout Not a complete list.... Feel free to add to			
Pleasure	Type? Orgasm control, edging, etc.			
Pain	Slapping, clamps, impact play, etc. What level?			
Restraint	Rope, cuffs, spreader bars			
Knife play	Cold steel, threat, slow cuts, no cuts			
Marks	Where allowed? How many?			
Implements	Floggers, paddles, crops, feathers, vibrators, etc.			
Punishments	Spanking, time-out, orgasm denial			
Positions	Hogtie, prayer, suspension, etc.			
Time Limit	Max duration of scene:	If you are new to this rigger keep it shorter.		



SCENE NARRATIVE STRUCTURE (SAMPLE)

BEGINNING — "Anticipation & Teasing"	Write yours:
<ul style="list-style-type: none">• Dom inspects the rope while the sub waits on their knees.• Use of commands, light bondage, whispering dirty talk.• Rituals: "Present yourself." / "Why are you here?"• Sensory focus: blindfold, whispered instructions, teasing with rope or feather.	
MIDDLE — "Challenge & Intensity"	Write yours:
<ul style="list-style-type: none">• Rope fully binds limbs, posture enforced, harder sensation play begins.• Sub starts to feel overwhelmed/edgy—Dom monitors closely.• Potential for knife play, orgasm control, intense degradation, or praise.• Dom uses names/honorifics assertively.• Implements used (list): _____	
ENDING — "Descent & Resolution"	Write yours:
<ul style="list-style-type: none">• Rope gradually removed, soft touches return.• Kissing, stroking, praising, wrapping them in a blanket.• Bring water, snacks, lotion, weighted blanket, cuddling.• Gentle conversation or soft music to ground them.• Phrase to close: "You did so well. You're safe."	

